



Temple Cloud in Bloom



For the third year running the RHS in Bloom theme is “health, wellbeing and happiness” in conjunction with its Greening Grey Britain Campaign, look out for the 2 grey places we aim to develop this year. There is growing evidence to support the strong belief that “gardening is good for you”.

Dr Phil Hammond has recently written about “clangers” as a therapeutic intervention. “Clangers” can be linked with gardening and belonging to a group such as Temple Cloud in Bloom.

Connect – We are a small group who have joined together with the aim of improving the village in which we live.

Learn – We are sharing and learning new gardening skills from each other, also diversifying into willow weaving – look out for hanging plant containers around the village.

Active – What better exercise, gardening outside in the fresh air with friends.

Notice – It’s great to watch the bulbs planted on a damp autumn day appear on a sunny spring morning for all to see, bees foraging for nectar and planters abundant with flowers in a multitude of colours.

Give Back – The group aims to rekindle that community spirit, enhancing the village for all.

Eat Well – Coffee and homemade cake is shared on the community gardening Saturday mornings!

Relax – For some the repetition of weeding can be therapeutic and relaxing!

Sleep – Hopefully a good night’s sleep will follow after the exercise and fresh air.

So, come and “Clang” with us! Any amount of time appreciated, experience not required just plenty of enthusiasm.



This month we have continued to develop the border at the village hall.

Our next Saturday Community Gardening get together is on **8th April between 10am-12pm**, come and meet us at the end of Paulmont Rise.

If you can’t join us, here are 3 jobs for the garden over the coming month.

1. Continue deadheading spring bulbs and bedding.
2. Sow hardy annuals to fill gaps in borders.
3. Repair damaged lawn patches by laying turf or sowing grass seed.

Another date for the dairy – **Temple Cloud in Bloom Spring Plant Fair - Saturday 29th April 2pm-4pm** at Temple Cloud Village Hall. Plants for sale, seeds to swap, willow making, children’s activities and cream teas.

If you are interested in getting involved please contact Beccy Angell on 01761 451721.